

fashion. food. fitness.

wellrounded



## Remedy My Poor Wintered Hands!

HOME > BEAUTY > REMEDY MY POOR WINTERED HANDS!

Winter has officially taken it's annual beating on my hands. The dry winds give me eczema (atopic dermatitis) between my knuckles and dries my hands out to create the conditions that painful hangnails love. Not to mention, dousing my hands in alcohol based sanitizer up to 6 times an hour in the hospital doesn't exactly make matters any better.

Incase you are having the same problems, I wanted to share with you the saviour that is alleviating my wintered hands:



For the first time ever, I have found a hand cream that actually clears up my hand woes and sustains. Vichy NutriExtra Hands is a once-a-day treatment that protects and nourishes the hands for 24-hours (yes, even after washing). The formula is not sticky or greasy and absorbs into my hands quickly. It is paraben free and tested on sensitive skin.



I really love the size of it too. It fits so nicely in my purse or in my work bag so I can take it every where I go. I work it into my knuckles and nail beds and it truly has kept my hang nails and eczema at bay.

All-in-all, if you're hands are wintered I recommend that you save yourself the time and money by going straight to this remedy.

*Read more about the product [here](#).*